HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex.

Franchise.   HCO BULLETIN OF MARCH 23, 1961

S.O.P. GOALS

(This is the Franchise Issue, slightly rewritten, of S.O.P. Goals
HCO Bulletin of February 18, 1961 Do not issue HCO Bulletin of February
18th, only this one to Franchise)

This is Standard Operating Procedure Goals, the technology that made history
in the 3rd S. A. ACC.

Caution: There is a great deal to know about SOP Goals. It is the right
way to use the Pre-Hav scales. With skilled use this can produce Releases and
Clears.   With fumbling use it can upset a pc thoroughly because it is so fast.

HCOs in all Central Orgs are running Special Events Courses to instruct in
this procedure and to let the student hear the 27 hours of taped lecture that
gives its basics and background.

With this we are on our way to making clears in quantity with speed. So don't
mess it up by failing to flatten what you start with it.

This is called "Standard Operating Procedure" because it has proved itself in
skilled hands on the toughest of cases.   You can safely put in a long time studying
its use.   It can clear some in only 18 hours. It can clear all but CCH cases in
under 175 hours. It is valuable. Don't mess it up for a pc.

Enormous efforts are being made to make everything known about this available
to you in Central Organizations.

We're off the launching pad. Use this well. It's the technology you've needed
for eleven years, that you can use to get them clear.

S.O.P. Goals Intensives

Use Model Session throughout. Heavily stress rudiments. Use "What part of
that problem could you be responsible for" for PTPs. Use TR5N for ARC breaks (What
have I done to you", "What have you done to me").

1. Go over rudiments carefully.
2. Do a Goals Assessment.
    Find out every goal the pc can recall ever having.
    Make a list. Get in particular any secret goals, or withheld goals.

    Go over list with a meter. Take goal that falls the most.

3. Convert goal to a terminal.

    Get wording of terminal simple but make sure the version you
    select falls as much as possible on meter. HCO Bulletin of February
    2nd, 1961 (some issues were dated March 9, 1961 from HCO Saint Hill)
    gives sample-general commands to which terminal can be added.

4. Assess this terminal on the Pre-Havingness Scale from bottom to top.

    Take level that falls the most.

5. Develop an auditing command, preferably two-way that uses terminal and
    pre-havingness level.

6. Run the command until tone arm becomes less active.

7. Go one down on the Pre-Havingness Scale.

    Develop a command for next level that falls.

8. Run the command until the tone arm becomes less active.

9. Return to first commands and run them (the first level found).

    Alternate the higher and one-down level commands, ten minutes of
    one level, ten minutes or so of the other level.

10. When the tone arm loses its action on these two commands and tends to
    stick, no matter whether high or low arm, (one half hour is a good
    test) RE-ASSESS TERMINAL ON PRE-HAVINGNESS SCALE from bottom up until a
    level falls hard.

11. Proceed as in Steps 5 to 11.

When the first terminal selected, run at several levels of the scale and the one just below, seems flat, return to Goals assessment, RE-ASSESS GOALS. Proceed from Steps 5 to 12.

13. When the tone arm stablizing around clear read, (two or three terminals run) LOCATE HAVINGNESS PROCESS from the 36 Presessions.

14. Add the havingness process into the processes run, using it at appropriate places (certainly at session end) while continuing goals S.O.P.

15. When havingness process has been used for a couple of sessions to help goals S.O.P. find the CONFRONT PROCESS.

16. Add the Confront Process into the Model Session.

17. If you run out of goals, get a NEW LIST OF GOALS from the PC and proceed as above.

Beingness, Doingness and Havingness must be balanced. Each must be flexible in the pc for a stable gain.

Goals processing finds the beingness and the mind's doingness toward it (Pre-Have Scale) and results in Havingness.

On Assessments you may find, going from bottom toward top of the Pre-Havingness Scale (No Effect upwards) that, after several levels the pc's needle begins to rise consistently. It is probably useless to go higher on the scale as a rising needle means "no confront". A quicker way than assessing the whole scale would be, then, to assess upwards to a rising needle action and then go back down until the needle stops rising. Hunt from that point down for the biggest fall and you won't go very wrong.

Tone arm movement is the keynote to Case gain - No tone arm action = no gain. 1 to 2 Divisions of the Six Divisions of the Tone Arm Circle movement per half hour is good movement.

If a pc does not respond well to Goals S.O.P. (about 15% won't) do the following: Go over rudiments with high sensitivity setting on meter. Clean up the witholds.

If that doesn't work, run the following for a few hours (its the lowest but most general process now known):

What was your attention concentrated upon?
When was your attention shifted?

This should get the tone arm moving. When tone arm is moving well for a few hours move back into Goals S.O.P. Step 2 and get the case going. It may be necessary to run Formula 15 and/or Formula 13 on some cases if Goals S.O.P. still finds a quiet tone arm.

Cases don't move when heavy witholds or PTPs are present. Cover rudiments and end rudiments carefully every session.

Example

Model Session is begun. Rudiments well covered. Goals Assessment shows up strongest goal to be to get over having a painful body. Terminal is chosen, "Painful body" is shown to fall most as terminal wording.

"Painful Body" is assessed on Pre-Havingness Scale. Endure falls most.

Auditing command is developed which falls on meter "What should a painful body endure?" No additional command developed for endure.

Developed command is run (heavy somatics) until the tone arm ceases to get 2 divisions of action, gets only one. Process ended.

Command is developed for Failed endure, next lower level, "What has a painful body failed to endure?" This starts heavy tone arm action again.

When action cooled, same "endure" command is run again.

After three runs of endure and two of failed endure command tone arm stiffens at 5 on the scale. A 15 minute test of both commands fails to get it moving, "Painful-Body" is re-assessed in the Pre-Havingness Scale and is found now to drop at witheld.

Command is developed for witheld that falls on meter (the command causes the fall) "What should be witheld from a Painful Body?"

This new command run and tone arm again in motion. TA motion gets less.

Dropping down one level of Pre-Havingness Scale to Failed Withold, command is developed that falls on needle – "What have you failed to withold from a painful body?"

Command is run and restores motion to tone arm. When motion dies down a bit, withold command is resumed.

After 2 runs of withold and two of failed withold, tone arm became slow at 3.

"Painful body" re-assessed on Pre-Havingness Scale, is now found at <u>Inverted Communication</u>. "Painful Body" added to command given on HCO Bulletin, 2nd February, 1961 for Inverted Communication. This run for 1 hour. Then Inverted Interest run on "painful body". Etc. Etc.

Data on all this will be found on the 17 hours of tape lectures of the 3rd S.A. ACC. This condensation is not on the tapes.

The Pre-Havingness Scale referred to has been the subject of two February 1961 HCO Bulletins. (Some issues were dated March 9, 1961 from HCO Saint Hill).

An expanded scale will shortly be released. The shorter scale works, however.

As this is the fastest road to clear, I want all staff members to be processed on nothing else, from scratch, former auditing not to be taken into account. We want clear staffs. They deserve it.

L. RON HUBBARD.